

Covid-19-Framework

Allianz Gravel Ride & Race Bern and Kids-Cross EKZ CrossTour Bern

Saturday, 17. October 2020

1.) Current situation:

On September 2, 2020, the fifth stage of the easing of measures took place during the COVID-19 epidemic. A maximum limit of 1000 people at events was introduced. Large events can be held again from October 1, 2020 if they have the approval of the respective canton. However, the Allianz Gravel Ride & Race and the Kids Cross does not fall into the category of an event with more than 1000 people.

The role of the person responsible for Covid-19 remains of the highest importance - especially at larger events. The responsible person and their contact details must be communicated to all parties involved.

We recommend that all persons involved download and activate the Covid-19 tracing app:

<https://www.bag.admin.ch/bag/de/home/krankheiten/ausbrueche-epidemien-pandemien/aktuelle-ausbrueche-epidemien/novel-cov/swisscovid-app-und-contact-tracing.html>

2.) General requirements

- a. All those involved are required to wear a mask on the entire site, with the exception of children under 12 years of age
- b. The hygiene regulations of the BAG always apply. In particular, hands must be washed and disinfected before and after the race.
- c. A minimum distance of 1.5 meters is to be observed between individuals wherever possible.
- d. People displaying any Covid-19 related symptoms must stay at home or isolate themselves and contact their family doctor. The same applies to people who have been in their immediate vicinity of someone who has tested positive for Covid-19

- e. If a person has participated in a group activity in the past two weeks in which a member of the group tests positive for Covid-19, they will inform the organizer immediately (see point 2.h.).
- f. In order to follow up close contacts of infected people, contact lists are kept of all participants (last name, first name, telephone number and e-mail). This information is mandatory when registering online. These are kept for 14 days and shown to the health authorities on request. Close contact is long-term (> 15 minutes) or repeated falling below a distance of 1.5 meters without protective measures.
- g. The participants are in turn responsible for the contact tracing of their companions / helpers (1 or 2, depending on the category). If an accompanying person subsequently tests positive for Covid-19, the participant must inform the organizer immediately (see point 2.h.).
- h. Ms. Nina Rocha, 079 758 07 63, is responsible at the Allianz Gravel Ride & Race and at the Kids-Cross of the EKZ CrossTour Bern for compliance with the applicable framework conditions and the designated contact person in the event of uncertainties and questions (= Covid-19 person responsible; see also point 3
- i. No seats are offered in the start and finish areas. This is not possible due to local restrictions. The necessary requirements for the protection of visitors are fully met. It would even be counterproductive to offer fixed seating, considering that any person should only be present in this area for around 5 minutes before the start and around 5 minutes at the finish in the start / finish area.
- j. A subdivision of sectors is not possible for practical reasons. The required "social-distancing" is enforced. Because this is an open-air event in an open area, the necessary protective requirements are fulfilled.
- k. Any catering offering will be exclusively in a full take-away form. There are clearly marked and delimited zones for queuing, where distance markings are placed on the floor.

- l. The number of Expo exhibitors is limited to a maximum of 10 and thus reduced by more than 50%. The individual stands are placed at a sufficient distance from one another.
- m. This protection plan is presented to the authorities in advance.
- n. Should there be a positive case among those involved after the event, all data that was recorded electronically will be forwarded to the Bern health authorities. In this case, an official quarantine order must / can be issued.
- o. If the protection plan is violated, a reprimand and direct exclusion from the event must be expected

3.) Responsibilities

- a. The person responsible for Covid-19 (see point 2.h.) ensures that he or she has the contact details of all participants.
- b. The person responsible for Covid-19 will document every race with the following information: participants, date, time and special occurrences.
- c. In consultation with the speaker / event coordinator, participants are explicitly made aware of the existing guidelines (in German, French and English).

4.) Racing: athletes & supervisors

- a. The “General Requirements” listed under point 2 apply at all times.
- b. There is no subdivision of sectors, as the distance rule of 1.5 m can be adhered to on the entire race site. If this cannot be observed, this only happens for a short time and never for > 15 minutes.
 - No late registrations on site
 - No cloakrooms or showers
 - No marquee

- No large festive tables
 - No rankings & awards
 - Award ceremonies take place briefly, within just under 5 minutes
- c. The gridding of riders is made as close as possible to the start, max. 10 minutes before. The athletes must wear a mask at the start line / start box and are only allowed to take it off shortly before the start.
- d. There are specific times for the starting numbers to be issued for each category. This must be observed.
- e. Restaurant businesses consider the currently valid protection regulations for the hospitality industry. There are various food stands where people can be clearly guided and thus kept at a distance of 1.5 meters
- f. There will be no VIP event.
- g. The flow of people (e.g. when queuing for starting numbers or when distributing food and drink) is directed in such a way that a distance of 1.5 meters between visitors can be maintained.

5.) Visitors

- a. Less than 1000 people are expected on the day of the event, spread over the period from 9:30 a.m. to 5:30 p.m
- b. All visitors are required to wear a mask on the entire site.
- c. It is possible to leave the contact details at the Infopoint.
- d. There are two official entrances:
- Stöckackerstrasse Nord (bike path / bridge to Bremgartenwald)
 - Stöckackerstrasse Süd (EWB / railway bridge)
 - Access under the motorway bridge will be closed to everyone.

- e. Official BAG posters are set up / hung up on the premises, indicating the current hygiene measures.
- f. The speaker will inform and remind all people within the event area at regular intervals regarding, every 30 mins, about the protection measures in place and will remind visitors to spread out around the area and not to stand close together for > 15 minutes.
- g. Disinfectants are available in various places on the site to disinfect hands.

6.) Helpers

- a. Helpers must always wear a mask.
- b. As helpers move around the area they must ensure that the mask requirement is observed. Larger groups will be made aware of the need to be better distributed in the area.

Radquer Bern Association, October 8th, 2020